**Workshops for Leaders:**

**Benefits and Results for 2018!**

**$197 each OR register in advance for all 5 with a 20% discount $797**

**Pay in full by Dec.31 and get an additional $100 off!! ONLY $697!**

1. **Creating a Compassionate Workplace with Increased Productivity**

**Feb 3 9:30 – 12 noon $197**

Do you have employees who complain, gossip, and blame each other?

Do avoid some of your co-workers or employees?

Do you have a bully in the house?

Learn some key tools for:

* identifying your work culture
* creating a safe environment where happy employees enjoy their work
* Recognizing generosity as a regular occurrence

Location: Horizon Financial Training Room, 3880 Vest Mill Rd, Winston-Salem

1. **Developing your Inner Leader**

**March 10, 9:30 – 12 noon $197**

Do you get tired of the same old ruts and frustrations?

Do you get overwhelmed? Do you sometimes start the day feeling irritated?

Do you get tired of telling people what to do?

This workshop will:

* help you see yourself and others differently,
* discover where you need a power boost,
* give you insight as to your own inner growth,
* create a clear picture of who you are for others.

Location: Horizon Financial Training Room, 3880 Vest Mill Rd, Winston-Salem

1. **How to expand your network and build awesome relationships**

**Saturday, April 7 9:30 – 12 noon $197**

**Location: Horizon Financial Training Room, 3880 Vest Mill Rd, Winston-Salem**

Are you waiting for new business?

Do you have an endless source of new contacts?

Do people get excited to see you?

Do you have a database of people who can help you find anything?

In this workshop, Coach Ana will teach you how to become a networking maven. You will:

* demonstrate how to talk to anybody about anything
* practice communication techniques for inspired conversations
* develop new networking habits to elevate your effectiveness

**Key Tips for Speaking in Public (so people notice)**

**Saturday, June 9, 9:30 until 12 noon. $197**

 **Location: To Be Announced**

Do you get nervous in front of people?

Do you know what to do with your hands?

Are you at a loss of words when accepting praise or an award?

Would you like to have an audience hanging on every word?

In this workshop, Coach Ana will draw from years as a professional speaker and experienced Toastmaster to give you key tips that will:

* Provide you with the key Do’s and Don’ts when speaking in public
* Put you more at ease when speaking off the cuff
* Give you a boost for your next presentation

**3 Key Tools for Developing Your Staff and Raising the Standards in Your Office**

**Saturday, Sept 15, 9:30 AM til 12 noon $197**

**Location: To be Announced**

Do you have employees that complain about each other?

Would you like to increase the effectiveness of your team?

Are you tired of people blaming someone else or making excuses?

In this workshop, Coach Ana will provide you with 3 key tools that can transform your office. You will learn how to:

* Support employees in taking responsibility for their actions
* Create office rituals that boost confidence and morale
* Communicate effectively with adversity or upset.

***Ana Tampanna*** **is a certified professional coach, an experienced trainer for corporate, and non-profit organizations, and a professional speaker. She is the author of *The Womanly Art of Alligator Wrestling*, a speaker for TEDXWomen, the co-founder of Winston-Salem Toastmasters Club, the Vice President of TriadNOW and a member of The International Federation of Coaches.**

**To register, click here.**

**$197 each OR register in advance for all 5 with a 20% discount $797**

**Pay in full by Dec.31 and get an additional $100 off!! ONLY $697!**